

HOURS:
MON ,TUES ,THURS
11AM-2PM;
WED 1PM-4PM

IMPACTING THE
COMMUNITY ONE
LIFE AT A TIME.

SPECIAL POINTS OF INTERESTS

- Annual Report
- Upcoming Training on Suicide Prevention
- Power of Prayer

GUEST WRITERS

- Denise McKenzie,
Pastor of Caring Ministries

Crosswinds Downtown

BY LYNNE MCHENRY

MAY / JUNE 2009

Our Annual Report

On May 13, Crosswinds Annual Meeting was held. Here is the Annual Report for Crosswinds Downtown published at that meeting. For more information, please check out our website www.crosswindsonline.org

ACCOMPLISHMENTS AND HIGHLIGHTS / 2008-09:

We are so blessed to see more seeds planted in Jesus' name. As we celebrated our fifth anniversary, it continues to be wonderful seeing God use this ministry to deliver His message of love and hope to many in our community. Over the last five years, we've served 1,900 households for over 8,600 visits. That's 8,600 seeds planted and prayers offered in Jesus' name!

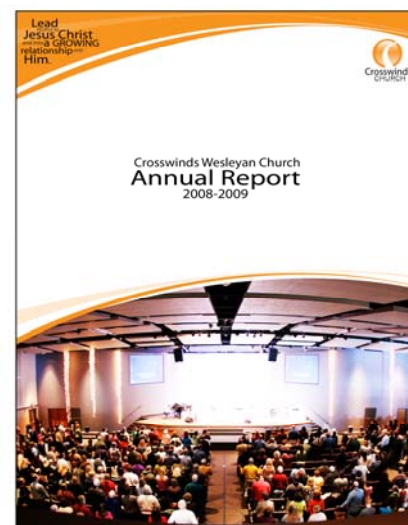
In fiscal 2008-2009, we had 2,126 visits to Crosswinds Downtown, averaging 177 clients per month - up from 159 per month last year (11%). In recent months, we've served over 200 clients. Of these visits, approximately 30 clients a month are new.

This year we were more proactive with visibility in the community and our fundraising efforts. The largest fundraiser, Chasin' the Blues 3, was held in January. Crosswinds worked with the other food pantries (CCIA and Gleaner's Kitchen) and Canandaigua Academy to raise approximately \$2,800 for Gleaner's Kitchen. It was great to sponsor

an event, give back to the community, and watch churches and youth working together to help feed the hungry in Canandaigua.

At the end of the year, Crosswinds Downtown continues to have funds donated in excess of purchases. Some businesses had fundraisers and donated proceeds to us, such as the Corby Collision Fundraiser and Doc's Lakeside First Annual Clambake. Other businesses gave us cash donations, like Finger Lakes Dental. There was the annual CWC Golf Tournament raising cash and gift cards. One generous couple donated their wedding and shower gifts to us. And thank you to Tops for their donations, and to the

Boy Scouts, Curves, Post Office, and the United Way for including us in their food drives. We had our Crosswinds scheduled food drives, hitting a home run with the Christmas food drive raising about 240 bags of food and



Annual Report (cont'd)

\$2,700 in cash. However, what really seems to sustain our funding is the ongoing weekly and monthly donors who give to Crosswinds Downtown on a regular basis.

Our volunteer base is solid, trained, and loyal. We continue to serve together, worship together, and learn together at our weekly Bible study. We had our annual summer picnic at our home and are one extended family. We've improved communication with a monthly newsletter. We continue to improve ministry processes

as needed. As for staff, Tammy Clarke left us as the office manager to obtain full-time employment; however she continues to volunteer on weekends. Our faithful volunteer, Bert Aasness, served as the temporary office manager until Vickie Gardner was hired in January - and she's also doing a wonderful job. Thank you to everyone who has given their time and resources. And thanks to God for sustaining this ministry, allowing us to serve the community for another year.

IN THE COMING YEAR / 2009-2010:

Continue to love and serve the community through our current Crosswinds Downtown ministries in the way listed above, while increasing the connection to other ministries such as Celebrate Recovery, CareNet, Angel Food Ministries, etc. Continue to expand the awareness of Crosswinds Downtown in the community by increasing visibility. Continue to maximize resources during the recession. Continue to work with and pray for CareNet as they financially struggle and fight the pro-life war in the pro-choice world.

God's Protection

May was a difficult month for Canandaigua. Actually, it's been a difficult year. When the news broke out that Thomas Kane's motive was to 'kill just to kill', I, like so many, got shivers up and down my spine. Some of our clients were also shaken by this news, and questions of "Why" and "Where's God in all this" started to surface.

Then it hit me. On May 8, I received the following email from Roxann Muller:

"In response to the tragic loss of a young life this week, I feel that we have an amazing opportunity to witness to God's faithfulness and

the power of prayer.

Before school began last fall, a small group of Christians from various Canandaigua churches gathered to pray for our schools. We divided into groups and each group went to one of our school buildings to walk around the building and pray for all who would be in that building in the school year ahead. We asked for God's wisdom, guidance, and protection to be present with every student, administrator, teacher and staff member in each building.

Using yearbook pictures, we also divided the stu-

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What is Your Hope Built On?

By Denise McKenzie, Pastor of Caring Ministries

I would like to share my list of top ten things that led me to becoming a person of hope. I've learned these by searching the Scriptures and hearing the Holy Spirit as I've served him in CM. This God of Hope I serve is a God who has been at this work since the foundations of time began and He is THE expert on Hope. He went to the cross at Calvary so that we would know a hope that would sustain us here on earth and go right into eternity with us. He is a God who understands what serves to challenge our hope quotient in our particular struggles of our lives. And as ones who live in relationship with this amazing God, He calls us to be outstanding and visible in our world as persons of Hope.

1. A PERSON OF HOPE MUST SEEK TRUTH.

All of life's experiences come with a message we take into our heart. It is vital to decide first what that message is, and whether that message is truth or lie. In John 8:31 and 32 Jesus says, "If you hold to my teachings you are really my disciples. Then you will know the truth and the truth will set you free." Jesus speaks many times in the Gospel of John about the Spirit of Truth. We need to be alert to the tactics of the enemy of our soul who is the father of lies. Pray protection and discernment from the Spirit of God as we go about each day of our lives, especially when we are in situations that are challenging our ability to hope.

2. A PERSON OF HOPE MUST MAKE TRUE EFFORTS TO FORGIVE.

In Colossians 3:13 Paul says, "Forgive as the Lord has forgiven you." We have the very best reason in the world to forgive. We have the very best example of an authentic, forgiving heart in Christ.

3. A PERSON OF HOPE MUST SEEK TO HAVE A SERVANT'S HEART.

Humility is a necessary characteristic for one who wishes to be a person of hope. One must look beyond oneself and desire to reach out to those who are hurting. In Philippians 2:3-5 Paul writes, "Do nothing out of selfish ambition, but instead, in humility consider others better than yourselves. Each of you should look to the interests of others. Your attitude should be the same as Christ Jesus."

4. A PERSON OF HOPE MUST KEEP THE BIGGER PICTURE IN FOCUS.

Philippians 3:14 says, "I press on toward the goal to win the prize, for which God has called me heavenward in Christ Jesus." All we do on this earth must be done for the purpose of bringing honor and glory to the Lord.

5. A PERSON OF HOPE MUST REMEMBER THAT JESUS WILL CARRY THE ONES HE LOVES.

Deut. 33:12 reads, "Let the beloved of the Lord rest securely in Him for He shields him all day long. And the one

the Lord loves rests between his shoulders." Can you visualize the well known image of Jesus as the Shepherd with the lamb sitting on His shoulders? Try visualizing the one challenging situation or loved one that you find difficult to leave in God's hands in the place of the lamb on the Shepherd's shoulders.

6. A PERSON OF HOPE MUST PRAY WITH OPEN HANDS AND OPEN HEART READY TO RECEIVE.

Is it possible to grasp something in one's hand and let it go at the same time? We need to be intentional about giving over our burdens to the one who will most effectively carry them. By leaving my hands open in prayer, I wish for Him to see that I am attempting to give up the things I hold way too tightly. When I am not gripping tightly to what I cannot do in my own power anyway, it seems I am more relaxed and open to recognize that the faithfulness of God is at work. Psalm 46:10 says, "Be still and know that I am God."



7. A PERSON OF HOPE MUST BELIEVE THAT GOD RESPONDS WHEN HIS CHILD CRIES OUT TO HIM.

Throughout the Bible, the scenario is repeated: God's children crying out

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dents in every class among those who came to pray. We prayed for each child by name, using scripture prayers.



This Prayer Event grew out of the concepts of an organization called “Moms In Touch” which is dedicated to praying for children and their schools. The more we learn about the situation and the sad mental state of that poor young man, the

more I am convinced that God answered the prayers we raised last August. I am reminded of the prayers of Elijah on Mt. Carmel and Jesus at the raising of Lazarus. God’s answers were not only out of love for those who believed, but out of love for those who might be brought to faith by witnessing God’s faithfulness and the power of prayer.

I feel that God is leading me to share this with you so that more may believe. If you share this with your congregation and encourage them to share it with others in the community, who knows how many may come to faith. You know how God can take the worst situation and bring great good from it.

If you would like to talk with me about this, please call Good Shepherd at 394-2760 and I will get back to you.

May we all unite in praise to God for his great goodness.”

Roxann Muller, Good Shepherd Lutheran

God WAS there, and protected so many others that could have been harmed.

And then I thought of the children in the Glatz home. Again, God protected these children from harm in a horrible situation.

In the midst of tragedy caused by our human free will, God continues to love and protect. As Roxann says, “may we all unite in praise to God for his great goodness” .

— Lynne

**PRaise GOD FOR HIS
GREAT GOODNESS!**

(Continued from page 3)

for help...and His help coming forth in the way of healing and hope. We have hundreds of examples of this in the Word documented for us over time. (Jer 29:12)

8. A PERSON OF HOPE MUST KNOW THE WORD HAS INSTRUCTIONS FOR LIVING THAT LEAD TO HOPE.

Romans 15:4 reads, “For everything that was written in the past was written to teach us, so that through endurance and the encouragement of Scriptures we might have hope.” Endurance suggests hard work and discipline. Encouragement suggests that pep talks will be needed to move ahead to a place of hope. “Your Word is a lamp to my feet and a light to my path.” (Psalm 119:105)

9. A PERSON OF HOPE MUST UNDERSTAND WAITING IS NECESSARY AND THAT GOD WILL BE THE SOURCE OF THE STRENGTH NEEDED TO MOVE FORWARD TO HOPE.

Isaiah 40 speaks, “The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary and increases the power of the weak. Those who wait (hope) in the Lord will renew their strength; they will run and not be weary and will walk and not faint.” This power we receive in the waiting is the supernatural power of the almighty, sovereign and loving God who overcame the grave. He has won the victory of the war over the greatest enemy of our souls. We may fight many spiritual battles in our lives but the ultimate victory has been won on the Cross.

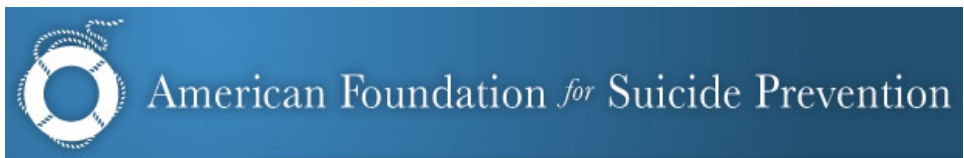
10. A PERSON OF HOPE MUST MAINTAIN A KINGDOM PERSPECTIVE IN HIS THINKING.

This will be a view that will run counter to the belief system of ones who do not follow Christ. And the intersecting of these two perspectives will cause a holy disruption that must be handled with truth and grace. This will be an ongoing challenge as all of culture and society norms of today run counter to a heavenly perspective. Ecclesiastes 3:11 reads, “He has made everything beautiful in His time. He has also set eternity in the hearts of all men, yet they cannot fathom what God has done from beginning to end.” It might just be that God is concerned about our being holy first and then happy. This thought does not make any sense today to most who do not follow Christ. I believe that the world’s idea of HOPE is so different as it is based on economic success, power, fame, personal accomplishment, and perfect health.

Our Hope as followers in Jesus Christ is based on the power of the resurrection. It is just as the old hymn goes, “Our hope is built on nothing less than Jesus’ blood and righteousness.” And it remains the only hope that lasts into eternity. I choose to become a person of that kind of Hope.

Dear Crosswinds Downtown Volunteers,

As part of our ongoing training courses, I would like to invite you to attend SafeTALK as outlined below. This is different from the other presentation "Overcoming the Darkness" that Eric has given. As we continue to reach those in Canandaigua, we need to be prepared to assist those who are struggling with suicide. Crosswinds Downtown will pay for the registration fee. There are limited openings, so please register soon. Thank you!



When: Saturday, June 13, 2009
Where: Crosswinds Wesleyan Church
 3360 Middle Cheshire Rd. Canandaigua, NY 14424
Time: 9am-12pm
Registration: There is a \$5 charge for this training (for the providing of refreshments). Please register by June 6th, as space is limited to 20 participants.

Overview

SafeTALK is a two-and-a-half to three-hour training that prepares anyone over the age of 16 to identify persons with thoughts of suicide and connect them to suicide first aid resources. Most people with thoughts of suicide invite help to stay safe. Alert helpers know how to use these opportunities to support that desire for safety. As a safeTALK-trained suicide alert helper, you will be better able to:

- move beyond common tendencies to miss, dismiss or avoid suicide;
- identify people who have thoughts of suicide;
- apply the TALK steps (Tell, Ask, Listen and KeepSafe) to connect a person with suicide thoughts to suicide first aid, intervention caregivers.

Powerful video clips illustrate both non-alert and alert responses. Discussion and practice help stimulate learning. Learn steps that contribute to saving lives.

The Role of SafeTALK in a Suicide Safer Community

SafeTALK was designed to teach skills that complement caregivers with suicide intervention skills like those learned in ASIST, LivingWorks' two-day workshop. SafeTALK-trained helpers make early recognition and referral possible on a far larger scale than any community can afford to do through suicide intervention skills training alone. When there are enough SafeTALK-trained persons available, suicide intervention caregivers will be used more often.

Registration Form

Please register by returning this form to Eric at Crosswinds Wesleyan Church at the below address and/or phone, or by email eric@crosswindsonline.org.

Name: _____ Organization: _____

Address: _____

E-mail: _____ Phone Number: _____

Crosswinds DOWNTOWN

Hours:

- Mon ,Tues ,Thurs 11am-2pm;
- Wed 1pm-4pm

Impacting the Community one life at a time.

120 N. Main Street
Canandaigua, NY 14424

Phone: 585-393-4310

E-mail:

lmchenry@crosswindsonline.org

“Sharing the love of Jesus through tangible acts of service that lead to the transformation of hearts by serving those in need”

Since we opened our doors in 2004, we've reached over 1900 households in this community with 8700 visits. On average, we serve about 200 families a month. On each visit, we have clients pick 10 non-perishable and paper products from a list of available items. That's over 87,000 items we've given to those in need. Thank you to all those who contribute to and volunteer at Crosswinds Downtown!



CARENET®

Pregnancy Center Update

The ministry of the CareNet Pregnancy Center of Canandaigua needs your prayers and support. Recently there have been several developments which impact this ministry.

The CareNet attorney sent in paperwork to file for tax exemption status; the IRS says they never received it. Months went by as there was a back up of paperwork at the IRS before it was determined the paperwork was missing. During that time, CareNet had to pay taxes on all purchases.

While the paperwork has been re-filed, matching faith-based funding may have been lost because filing deadlines were not met. Result: a possible \$15,000 in matching fund-

ing may no longer be possible. Therefore, it's currently projected that CareNet will run out of funding later this summer.

Meanwhile, Canandaigua Churches in Action (CCIA), in partnership with Thompson Healthcare, will be opening a clinic in the same building as CareNet. Please pray that more clients will be referred from the clinic to CareNet for free counseling. With an increase in clients come more opportunities to spread the gospel as well as educate women on their options.

So what can you do? Pray for CareNet! Pray that God's will be done through this minis-

try. Around 25 women have accepted Christ or rededicated themselves to Him at the center, and babies have been born that would have been aborted. Please also prayerfully consider how you may help. Would it be possible to become a monthly donor? Do you know of any businesses that would support CareNet or become a corporate sponsor?

For more information on CareNet and services, please check out their new website at www.carenetcan.org, stop in, or call them at 585-393-4310. Thank you.