

HOURS:  
MON ,TUES ,THURS  
11AM-2PM;  
WED 1PM-4PM

IMPACTING THE  
COMMUNITY ONE  
LIFE AT A TIME.

#### SPECIAL POINTS OF INTERESTS

- **CCIA Update on the new Health Clinic**
- **The Community Plan for Suicide Awareness**
- **God's Blessings by Marlene Mead**
- **Prayers**
- **Welcome**
- **Thank You's**
- **Alona's Ecuador Update**



Join us for a dinner fundraiser on Sept 1 at Biaggi's at Eastview Mall. \$25 Call 393-0437 for details.

# Crosswinds Downtown

BY LYNNE MCHENRY

JULY AND AUGUST 2009

## CCIA Update—Health Clinic Opens!

### CCIA MISSION

*We are the hands of Christ working together to address the unmet physical and spiritual needs of our neighbors in the greater Canandaigua community by providing direct services, advocacy and education.*

### CCIA VALUES

*We will treat everyone with love, respect and the compassion of Christ.*

### CCIA FAITH

*Everything we do is guided and empowered by the God who is three in one.*

Several years ago, Canandaigua Churches in Action (CCIA) determined that one way to show Christian love in our community was to serve those in need of basic health care. For the last several years, CCIA has been working with Thompson Health and Catholic Charities of the Finger Lakes to provide this service and through much planning and prayer, they have made it happen.

### ADDRESSING UNMET PHYSICAL NEEDS

This collaborative effort between the churches of CCIA and Thompson Health is open to all individuals regardless of insurance status in need of services for illness such as:

- Sinusitis
- Bronchitis
- Sore Throats
- Ear infections

- Conjunctivitis
- Respiratory Infections
- Minor wounds
- ...and more.

And more. They don't treat conditions requiring an x-ray or lab work,; they don't prescribe medications, nor provide prenatal care.

The clinic provides short term care for those who find themselves with no where else to turn for medical care. Those patients needing ongoing care or care not provided at the Clinic will be referred to a CCIA resource coordinator who will facilitate referral of the patient to another health care provider.

### ADDRESSING UNMET SPIRITUAL NEEDS

CCIA has hired Marsha Foote as the 'resource coordinator'. One of Marsha's responsibilities is to meet with clients and connect them with other Christian services, including CareNet for pregnancy testing. If a client needs prayer and/or a Bible, food, or parenting programs, they will be referring them to Crosswinds Downtown.

### LOCATION

The Thompson Clinic at CCIA is now open at 120 N. Main Street, right down the hall from Crosswinds Downtown, CareNet, St. Vincent DePaul Clothing ministry, CCIA Food Pantry, and Catholic Charities. Currently, it's open around 20 hours a week on a varying schedule. For more information, go to the CCIA website located at [www.churchesinaction.org](http://www.churchesinaction.org).

**Thank God!**

That Alona is healing nicely after knee surgery.

That the Mead's best friends grandson, Micheal, is home after cardiac arrest and severe burns last month. (Heal is part of his name.)

That Chris and Liz Logan found their calling in Mitchell, SD as the Worship Pastor at the Mitchell Wesleyan Church.

That the Shoemakers sold their home and found a rental.

**Please Pray**

For Janet Shoecraft's father in rehab.

For Meads grandson Nicholas.

For the next Sr. Pastor.

For employment for those seeking work.

For Carenet.

# God's Blessing

BY MARLENE MEAD

It is a wonderful experience to see God's Blessing given to someone. A young lady came to the CWD Parenting Classes in July who's touched my heart.

She is the mother of a two year old daughter and a six month old son. She ousted the father of her son because of the verbal abuse, which was being copied by her daughter. This left her with the tremendous responsibility of raising two alone. Her mother and step-father help her, and she is appreciative. She is also trying to attend FLCC; studying for the placement exams, and looking into affordable child care so she can attend classes. She is also saving money to cover

the cost of obtaining a driving license. God has blessed her with the heart to strive, and she truly wants the best for her two children.

We talked together, we prayed together, we discussed Jesus Christ--that He was the one who could provide salvation, strength, and unending companionship. I invited her to attend Crosswinds Wesleyan Church—relating the children's program and letting her know that she would be able to worship freely. She had listened to a couple CWC sermon CDs—and she was happily surprised to be able to understand the sermon that "Used words that I could understand!"

She told me that she had used the Bible I gave her to look up the Bible verses mentioned in the sermon.

Joyce Lee left a telephone message on my answering machine at home—Joyce told me that a young lady came to CWC that morning, one who had been invited by me. A young lady with a young daughter and a baby boy. (She has no car—so what an effort she made to attend.) Praise the Lord! Please keep this young lady in your prayers for strength to overcome her obstacles—and to remember to turn to and follow the Lord Jesus Christ.

Oh yes, the wonderful experience to see God's Blessing given to someone—and to think He gave it to me.

# Welcome and Thank You's...

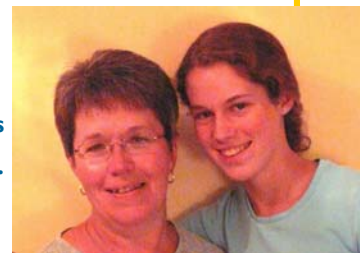
**Thank you to Dudley and Yvonne Hallstead for their donation to Crosswinds Downtown. They had a graduation party and collected groceries, a gift card and a check for us.**

**Welcome Crystal and Laurisa Wager as they serve with us this summer. Here's a little bit about them. "In May Laurisa and I determined to do something during our summer months to volunteer and serve in our community. Even though there were opportunities in our neighborhood and**

**town, we chose to serve at Crosswinds Downtown so we could impact people with their spiritual needs as well as their physical needs.**

**The volunteers we work with have been wonderful to work with and are light hearted and great fun to hang around with. It has been a wonderful experience for us." - Chrystal and Laurisa**

**And, welcome Diane Savage, a new shopper.**



# Community Plan for Suicide Awareness

By Lynne

<sup>3</sup>Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, <sup>4</sup>who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God. 2 Cor 1 :3-4

One of Eric's callings is to comfort those with mental illness, specifically depression, for he himself has struggled with it for years. As many of us know, he's doing a lot for suicide awareness and prevention. Over the last few months, I've had the privilege to work with Eric on creating a plan for a suicide-safer community for Canandaigua.

Statistics tell us that in 2006 there were 33,300 reported suicides (there are also approximately 100 attempts made for every completed suicide) in the United States; which means that there is a suicide approximately every 15 minutes in this country, which is equivalent to a jumbo jet airliner crashing every other day. Unfortunately because of the stigmas surrounding the issue of suicide, it does not get the public outcry that many other similar tragedies receive.

About two years ago, Eric was included in the NYS Office of Mental Health initiative to create a state-wide suicide awareness program. Since that time, a national training program through LivingWorks was selected. ([www.LivingWorks.net](http://www.LivingWorks.net)) LivingWorks is dedicated to enhancing suicide intervention skills at the community level, and committed to making its suicide prevention training programs widely available, cost effective, interactive and easy to learn, with practical applications designed for all types of caregivers. Two main components, **ASIST** and **SafeTALK** are in the process of being initiated throughout communities in the US.; **ASIST** for those who will be involved in interventions and **safeTALK** for those who help identify and connect suicidal people to those who do interventions.

**SafeTALK**, about three-hours in duration, is a training that prepares anyone over the age of 15 to identify persons with thoughts of suicide and connect them to suicide first aid resources. Most people with thoughts of suicide invite help to stay safe. Alert helpers know how to use these opportunities to support that desire for safety.

In June, Eric began offering **safe-**

**TALK** training at Crosswinds, training Crosswinds Downtown volunteers who work with the public as well as Celebrate Recovery leaders. Since that time, the demand has grown into the community. We have put a plan in place, working with other NYS communities, to continue to train and educate community members on how to identify someone suicidal and connect them with intervention caregivers.

If you have not yet taken the class, please plan on doing so this fall. Watch the Crosswinds website or our Crosswinds Downtown bulletin board for more information. We are redoing our Crosswinds Downtown badges and will be identifying our trained volunteers with this logo. After all, what could be better than to let God use you to help save someone's physical life in order to have an impact on their spiritual life?



# Crosswinds DOWNTOWN

- **Hours:**
- **Mon ,Tues ,Thurs 11am-2pm;**
- **Wed 1pm-4pm**

Impacting the Community one life at a time.

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**“Sharing the love of Jesus through tangible acts of service that lead to the transformation of hearts by serving those in need”**

Since we opened our doors in 2004, we've reached over 1990 households in this community with 7989 visits. On average, we serve about 200 families a month. On each visit, we have clients pick 10 non-perishable and paper products from a list of available items. That's almost 80,000 items we've given to those in need. Thank you to all those who contribute to and volunteer at Crosswinds Downtown!



## On the Road to Serving...

In May, Alona Redden shared her story of her third trip to Ecuador with the Crosswinds team. As she mentioned, they have an ongoing relationship there with the Injerds, a missionary couple from the village of El Tambo, who have visited Crosswinds.

Last year she decided to sponsor a little girl, Lizbeth, who has a deformed arm and a vision problem, but this little girl has a heart for God and is a very good math student. She brought her a Spanish version of the children's Bible that we use in the K-5 program at church when she visited this year.

Two days later when Alona and the team stopped at the school bus stop to deliver some items to the Injerds, Lizbeth gave her two beautiful roses from her mother's garden and a note that Kjersti, the Injerd's daughter, had translated. She thanked Alona for the Bible and said that she had read it to her father that night. Her father said

he wanted her to read from it every night to him, her mother, and her brother. Sharman Injerd then reported later that the whole family had come to church the following week and that was a first! Praise the Lord!

Since that time, Alona has gotten several updates. Lizbeth has been reading her Bible nightly, and when she's done, her older brother and sister take turns reading it. Alona received a letter recently that was translated when Pastor Baez and his family visited Crosswinds in early August. Lizbeth's older sister, who was reading the Bible with the family, just gave birth to a new baby. What a blessing to have this new mother reading the Bible and getting to know Jesus!

At the House of Prayer, the Christian school that the Injerds have formed for the indigenous mountain Indians, Lizbeth used to have problems memorizing scripture and

reading. But there has been a major improvement. Lizbeth gave the credit to this new Bible and was able to recite Psalm 1 to the entire class perfectly. Alona plans to return again in the spring and bring more Spanish/English books that she has ordered from Parable Express. Sharman Injerd shared that Lizbeth has been reluctant to learn any English other than the songs that the school children sing for the Crosswinds team when they visit yearly. Perhaps a new sponsor and side by side translations will inspire her.

Alona has already sent a Spanish/English book of Bible stories to the Injerds for use in the primary grades when school begins in the fall. Lizbeth is starting the fifth grade this fall which is equivalent to our sixth grade. Alona would like to thank all those who pray for the mission trips and the many children of Pifo and El Tambo who are sponsored by Crosswinds members and their families.

